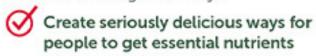
We're Barlean's and we make premium foods and nutritional supplements here in the Pacific Northwest, Our family business has grown a lot in 25+ years, but we still do things our way:



Source top quality ingredients to deliver maximum benefits

Share our profits to help people locally and around the world

WE'RE GLAD YOU'RE GIVING **US A TRY &** FEEL PRETTY GOOD THAT YOU'LL TRY US AGAIN!

3x Better Absorption

Our special emulsified formula is absorbed better than traditional flax oil or softgels, so you get more of the Omega-3s your body needs.

SWEET TASTE & CREAMY TEXTURE NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.



SPOON



TOP

Keep out of reach of children and never give to pets.



BLEND

Refrigerate after opening

SHAKE WELL





DIETARY SUPPLEMENT

NATURAL



DAIRY FREE • SUGAR FREE



Supplement Facts

Serving Size 1 Tbsp (15 mL) Servings Per Container 29

	Amount Per Serving	% DV for dults & Children 4 or More Years of Age
Calories	70	
Total Fat	5 g	7%*
Saturated Fat	0 g	2%*
Polyunsaturated Fat	3.5 g	†
Monounsaturated Fa	at 1g	t
Total Carbohydrate	6 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%
Sugar Alcohol	5 g	t
Omega-3 Polyunsatu	rated Fat	

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

739 mg

863 mg

t

Alpha Linolenic Acid (ALA) 2968 mg

Omega-6 Polyunsaturated Fat

Omega-9 Monounsaturated Fat

Linoleic Acid (LA)

Oleic Acid

Ingredients: Flaxseed oil, water, xylitol, glycerine, gum arabic, natural flavors, vegetable juice, citric acid, xanthan gum, guar gum, sorbic acid, ascorbyl palmitate.

Learn more about a Pathway to a Better Life:

Barleans.com • 800.445.3529

Barlean's Ferndale, WA 98248



PRODUCT OF U.S.











NET WT. 16 oz (1 lb) 454 g