







Suggested Use: As a dietary supplement, mix 1 heaping scoop of PRE into 12-14 ounces of water and consume 20-30 minutes prior to exercise. Vary the amount of water to achieve your desired flavor level, PRE is extremely powerful, first time users should begin use with 1/2 scoop or less to assess your tolerance. DO NOT EXCEED 1 SCOOP IN ANY 24 HOUR PERIOD OR USE MORE THAN 5 DAYS IN ANY 7 DAY PERIOD.

VEGETARIAN | GLUTEN FREE | NON-GMO | LACTOSE FREE

No Excipients, No Fillers, Allergen Free, No Artificial Color, No Preservatives, No Starch, No Sugar, No Soy, No Wheat, No Yeast, No Fish, No Milk.

Warning: KEEP OUT OF REACH OF CHILDREN. This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, breast feeding, sensitive to caffeine, have known medical conditions (including but not limited to kidney, heart or liver disease) or are taking prescription or OTC medication(s). Consult with your health care practitioner before using this product. Do not use under extreme conditions of heat, CARDIOVASCULAR EXERTION or dehydration. CONTAINS CAFFEINE. Do not use with caffeine or stimulant-containing medications, foods or beverages because too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Discontinue use two weeks prior to surgery.











Natural & Artificial Flavoring

CLINICALLY DOSED





Amount Per Serving	Serving	
Vitamin C (as ascorbic acid USP)	150mg	
Vitamin B3 (as niacin)	30mg NE	
Vitamin B6 (as pyridoxine HCI)	50mg	CA
Vitamin B12 (as methylcobalamin)	150mcg	9
Calcium (Calci-K TM calcium potassium phosphate citrate)	95mg	
Phosphorus (Calci-K™ calcium potassium phosphate citrate	89mg	
and sodium phosphate)		
Magnesium (Creatine MagnaPower TM)	40mg	
Sodium (sodium phosphate, sodium chloride)	105mg	
Potassium (Calci-K TM calcium potassium phosphate citrate)	80mg	

View Independent Lab Results







































