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SUGGESTED USE

Shake Well Before Using.
Spray 4 times into mouth and
swallow, up to 5 times per day.
Best taken between meals.

Keep Out of the Reach of Children.
Store away from heat and light.

Ready For Pollen™

*Herbs on the Go™*

HERBAL SUPPLEMENT 1 FL OZ (30 ML)

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Certified organic extract blend: 683 mg	†
Stinging Nettle herb & seed (<i>Urtica dioica</i>)	⓪ Ⓢ & ⓪
Eyebright flowering herb (<i>Euphrasia</i> spp.)	⓪
Goldenrod flowering top (<i>Solidago canadensis</i>)	⓪ Ⓢ
Reishi mushroom (<i>Ganoderma lingzhi</i>)	⓪
Astragalus root (<i>Astragalus mongholicus</i>)	⓪
Ginger rhizome (<i>Zingiber officinale</i>)	⓪

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (27-37%), distilled water & certified organic vegetable glycerin. **GLUTEN-FREE**

⓪ Certified Organic

Ⓢ Fresh (undried) Ⓢ Extraction rate 144 mg fresh herb & 100 mg dry herb per 0.7 ml.

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Certified organic by Organic Certifiers