

Poke Liquid Extract

Supplement Facts

Serving Size: 0.18 ml

Servings: about 656

Amount Per Serving

% DV

Poke root

†

(*Phytolacca americana*) ① ② extract 172 mg ③

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (36-46%) & distilled water. **Gluten-Free**

- ① Certified Organic ② Fresh (undried)
③ Extraction rate 180 mg fresh herb per 0.18 ml.

Fresh herb / menstruum ratio: 1 : 1

We prepare our Poke Extract from the fresh (undried) root of **certified organic** *Phytolacca americana* plants grown on our own farm.

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800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

Phytolacca americana

POKE

PROFESSIONAL EXTRACT



HERB  PHARM®

HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

SUGGESTED USE

SHAKE WELL BEFORE USING

Add 0.18 ml (8 drops) to 8 oz. of water or juice, 1 to 3 times per day. Best taken between meals.

Caution: Use only under the direction of an expert healthcare practitioner. Do not use in pregnancy. Not for use in nursing except as directed by an expert healthcare practitioner. Do not take drops undiluted.

Keep Out of the Reach of Children

Store away from heat & light



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