



001

**SUGGESTED USE**

Shake well before using.  
Add 1 full squeeze of the  
dropper bulb to 2 oz. of water  
or juice, 2 to 5 times per day.  
Best taken between meals.

**Caution:** FDA advises that a  
potential risk of rare, but  
severe, liver injury may be  
associated with Kava. Ask a  
healthcare professional  
before use if you have, or  
have had, liver problems,

frequently use alcoholic beverages, or are  
taking any medication. Stop use and see a  
doctor if liver symptoms occur (unusual  
fatigue, abdominal pain, appetite loss, dark  
urine, pale stools, yellow eyes or skin). Not  
for use by persons under 18 years of age, or  
by pregnant or breastfeeding women. Do not  
take with alcoholic beverages. Excessive use  
may briefly impair ability to drive or operate  
machinery. **Keep Out of the Reach of  
Children. Store away from heat & light.**

**HOLY BASIL**

# Anxiety Soother™

**NERVOUS SYSTEM\*****HERBAL SUPPLEMENT 4 FL OZ (120 ML)****Supplement Facts**

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

|                                                              |          |   |
|--------------------------------------------------------------|----------|---|
| Proprietary extract blend: 631 mg                            | <b>E</b> | † |
| Kava rhizome with root ( <i>Piper methysticum</i> )          | <b>P</b> |   |
| Passionflower flowering herb ( <i>Passiflora incarnata</i> ) | <b>O</b> |   |
| Bacopa herb ( <i>Bacopa monnieri</i> )                       | <b>O</b> |   |
| Albizia bark ( <i>Albizia julibrissin</i> )                  | <b>W</b> |   |
| Lavender flower ( <i>Lavandula angustifolia</i> )            | <b>O</b> |   |
| Holy Basil essential oil ( <i>Ocimum tenuiflorum</i> )       | <b>O</b> |   |

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol  
(66-76%), distilled water & certified organic vegetable  
glycerin. **Gluten-Free**

**O** Certified Organic  
**P** Purity Verified

**W** Responsibly Wildcrafted  
**E** Extraction rate 285 mg herb  
& 7 mg essential oil per 0.7 ml.

**HERB PHARM • WILLIAMS, OR 97544**  
**800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)**

**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT  
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**