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SUGGESTED USE

Shake well before using.
Add 1 full squeeze of the
dropper bulb to 2 oz. of
water or juice, 2 to 5 times
per day. Best taken
between meals.

Caution: FDA advises that
a potential risk of rare, but
severe, liver injury may be
associated with Kava. Ask
a healthcare professional
before use if you have, or
have had, liver problems,
frequently use alcoholic
beverages, or are taking
any medication. Stop use

and see a doctor if liver symptoms occur
(unusual fatigue, abdominal pain, appetite
loss, dark urine, pale stools, yellow eyes or
skin). Not for use by persons under 18 years
of age, or by pregnant or breastfeeding
women. Do not take with alcoholic
beverages. Excessive use may briefly
impair ability to drive or operate machinery.

Keep Out of the Reach of Children
Store away from heat & light

HOLY BASIL

Anxiety Soother™

NERVOUS SYSTEM***HERBAL SUPPLEMENT 1 FL OZ (30 ML)**

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Proprietary extract blend: 631 mg	†
Kava rhizome with root (<i>Piper methysticum</i>)	Ⓟ
Passionflower flowering herb (<i>Passiflora incarnata</i>)	Ⓢ
Bacopa herb (<i>Bacopa monnieri</i>)	Ⓢ
Albizia bark (<i>Albizia julibrissin</i>)	Ⓢ
Lavender flower (<i>Lavandula angustifolia</i>)	Ⓢ
Holy Basil essential oil (<i>Ocimum tenuiflorum</i>)	Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(66-76%), distilled water & certified organic vegetable
glycerin. **Gluten-Free**

- Ⓢ Certified Organic
- Ⓢ Responsibly Wildcrafted
- Ⓟ Purity Verified
- Ⓢ Extraction rate 285 mg herb
& 7 mg essential oil per 0.7 ml.

HERB PHARM • WILLIAMS, OR 97544
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***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**