

FREE OF: Sugar, starch, soy, wheat, casein, gluten, milk, preservatives, yeast, gelatin, flavorings, or colorings.

CAUTION:

MAGNESIUM SUPPLEMENTS CAN CAUSE CHANGES IN STOOL CONSISTENCY AND BOWEL HABITS. IF THIS OCCURS, DISCONTINUE USE AND DISCUSS THIS MATTER WITH YOUR PHYSICIAN.

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED. KEEP OUT OF THE REACH OF CHILDREN.

Buffered with Ascorbic Acid to produce a non-reactive, neutral solution (pH7).

Manufactured exclusively by:

KIRKMAN

Lake Oswego, OR 97035
(503)694-1600 • (800)245-8282
www.kirkmangroup.com

CASEIN & GLUTEN FREE

KIRKMAN

**Buffered
Magnesium
Oxide**
180 mg

250 Capsules

HYPOALLERGENIC

SUGGESTED USE: 1-2 capsules daily or as directed by a physician.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 250

Each Serving Contains	Amount per Serving	% Daily Value*
Magnesium (as oxide)	180 mg	45 %

* Percent Daily Value Based on a 2000 calorie diet.

INGREDIENTS: Magnesium Oxide, Ascorbic Acid, Silicon Dioxide, Plant Cellulose Capsule.

Best Used by: April 2013

Dietary Supplement

257/250 • Lot # 0257-0072

0257-250