

**Directions:** Take one capsule daily with meals, or as directed by a health care professional.

Selenium is a component of important antioxidant enzymes that help prevent cellular damage from free radicals. Selenium also helps regulate thyroid function and plays a role in the immune system.†

Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!



**viva**<sup>TM</sup>  
vitamins

# SUPER SELENIUM

## 200 MCG



**Antioxidant protection  
against free radicals†**

**We always use the highest  
quality ingredients**

premium formulas ● 120 veggie caps ● dietary supplement

## Supplement Facts

Servings Per Container: 120

**Serving Size: 1 Veggie Capsule**

	Amount Per Serving	%DV*
Selenium (from high selenium yeast)**	200 mcg	363%

\*% Daily Value based on a 2,000 calorie diet.

**Other Ingredients:** Rice flour, vegetable cellulose.

**Note:** The selenium potency indicated is elemental.

\*\*From SelenoExcell®, an excellent source of naturally-occurring organic L. Selenomethionine. SelenoExcell® is the most clinically researched source of organic selenium in the supplement market.

SelenoExcell® is a registered trademark of Cypress Systems, Inc.

**FREE of:** Gluten, sugar, salt, yeast, corn, wheat, dairy, citrus, egg, fish products, artificial coloring, flavoring, or preservatives.

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Manufactured in an NSF - GMP Certified Facility