

Directions: As a dietary supplement, take two tablets as needed.

Now you can relax without the groggy feeling. Viva's Relaaax is specially designed to reduce muscular and emotional tension. These ingredients may help you with the management of daily stress by promoting calming and relaxation.[†]

Store in a cool, dry place and away from direct light. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured in an NSF - GMP Certified Facility



viva
vitamins

RELAAX™



**With Magnesium, GABA,
Lemon Balm, and More!**

**Naturally supports relaxation and
tension reduction[†]**

**We always use the highest
quality ingredients**

premium formulas • 60 capsules • dietary supplement

Supplement Facts

Serving Size: 2 Caps

Servings per container: 30

Amount Per Serving	% DV**	
Magnesium (as magnesium oxide)	100 mg	50%
Valerian root extract	400 mg	*
GABA (gamma aminobutyric acid)	300 mg	*
Passion flower extract	200 mg	*
S Skullcap	100 mg	*
Lemon Balm	250 mg	*
L-Theanine	100 mg	*
Griffonia simplicifolia extract (10% 5-HTP)	400 mg	*

*Daily Value not established.

**% DV based on a 2,000 calorie diet.

Other Ingredients: Vegetable cellulose (capsule), rice flour.

Contains No: Gluten, sugar, salt, milk, soy, yeast, wheat, lactose, milk, citrus, egg, fish products, artificial coloring, flavoring, or preservatives.