

FREE OF: Sugar, starch, soy, wheat, casein, gluten, milk, preservatives, yeast, gelatin, fish, peanuts, tree nuts, flavorings or colorings.

IMPORTANT:

STORE IN A COOL DRY PLACE AND TIGHTLY CAPPED.

KEEP OUT OF THE REACH OF CHILDREN.

CAUTION: MAGNESIUM SUPPLEMENTS CAN CAUSE CHANGES IN STOOL CONSISTENCY AND BOWEL HABITS. IF THIS OCCURS, DISCONTINUE USE AND DISCUSS THIS MATTER WITH YOUR PHYSICIAN.

Buffered with Citric, Adipic, and Ascorbic Acids to produce a non-reactive neutral solution (pH7).

Manufactured exclusively by:

KIRKMAN

Lake Oswego, OR 97035

(503)694-1600 • (800)245-8282

www.kirkmangroup.com

CASEIN & GLUTEN FREE

KIRKMAN

**Buffered
Magnesium
Glycinate**

BIO-MAX SERIES

180 Capsules

HYPOALLERGENIC

Dietary Supplement

SUGGESTED USE: 2 capsules daily or as directed by a physician. Capsules may be pulled apart and the contents mixed with food and beverages.

Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 90

Each Serving Contains	Amount per Serving	% Daily Value*
Magnesium (as Glycinate)	100 mg	25 %
Magnesium Glycinate®	546 mg	**

*Percent Daily Value Based on a 2000 calorie diet.

** Daily Value Not Established.

INGREDIENTS: Magnesium Glycinate, Ascorbic Acid, Citric Acid, Adipic Acid, L-Leucine, Plant Cellulose Capsules.

Best Used by: May 2013

258/180 • Lot # 0258-0074