

Directions: As a dietary supplement, take one or more capsules daily, on an empty stomach, or as directed by your health care practitioner.

Viva's PMA™ assists in the maintenance of mental alertness and acuity, while helping to promote motivation, a positive mood, and the ability to focus. The neurotransmitters in our bodies are produced from amino acid building blocks, primarily L-Tyrosine and DL-Phenylalanine. Viva™ has combined these amino acids with L-glutamine and GABA to help foster proper brain function and mental activity. So be positive with Viva's PMA™.†

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



viva[™]
vitamins



PMA[™]

POSITIVE MENTAL ATTITUDE



Promotes mental performance†

Assists feelings of well-being†

We always use the freshest food-derived ingredients

premium formulas • 60 capsules • dietary supplement

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

	Amount Per Serving	%DV
DL-Phenylalanine	250 mg	*
L-Tyrosine	200 mg	*
L-Glutamine	100 mg	*
Gaba (Gamma-Aminobutyric Acid)	100 mg	*

* %Daily Value (DV) has not been established.

Other Ingredients: Vegetable capsules.

Contains No: Sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, gluten, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

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for more information visit www.vivavitamins.com

MADE IN THE USA • In God We Trust

Non-GMO

Manufactured in an NSF - GMP Certified Facility