

Directions: As a dietary supplement, take one or more capsules daily, on an empty stomach, or as directed by your health care practitioner.

Viva's PMA™ assists in the maintenance of mental alertness and acuity, while helping to promote motivation, a positive mood, and the ability to focus. The neurotransmitters in our bodies are produced from amino acid building blocks, primarily L-Tyrosine and DL- Phenylalanine. Viva™ has combined these amino acids with L-glutamine and GABA to help foster proper brain function and mental activity. So be positive with Viva's PMA™.†

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



viva
vitamins

PMA™

POSITIVE MENTAL ATTITUDE



Promotes mental performance†

Assists feelings of well-being†

**We always use the highest
quality ingredients**

premium formulas • 120 veggie caps • dietary supplement

Supplement Facts

Serving Size: 1 Veggie Cap Servings Per Container: 120

	Amount Per Serving	%DV
DL-Phenylalanine	250 mg	*
L-Tyrosine	200 mg	*
L-Glutamine	100 mg	*
GABA (Gamma-Aminobutyric Acid)	100 mg	*

* %Daily Value (DV) has not been established

Other Ingredients: Vegetable cellulose (capsule).

Contains No: gluten, sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

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Santa Clarita, CA 91355
for more information visit www.vivavitamins.com
MADE IN THE USA - In God We Trust - Non-GMO
Manufactured in an NSF - GMP Certified Facility