



Suggested Usage: As a dietary supplement, adults take one (1) tablet 1 hour before bedtime or as directed by your health care professional.

Gluten-free, Non-GMO.

Warning: Consult a health care professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated for individuals taking corticosteroids.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper Resistant - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Manufactured for: Cooper Concepts, Inc.
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888.393.2221 | coopercomplete.com
Formula #83199-60-PL-84121312 V0520



COOPER COMPLETE®

Melatonin Prolonged Release



Physician Formulated



for Optimal Sleep†

3 mg



Dietary Supplement

60 Tablets | 60 Servings

Supplement Facts

Serving Size 1 tablet

Servings Per Container 60

	Amount Per Serving	% Daily Value
Melatonin	3.0 mg	*

*Daily Value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, ethylcellulose, stearic acid, vegetable stearate, coating (hypromellose, glycerin) and silica

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.