



Other Ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, carnauba wax, croscarmellose sodium, vegetable stearate, stearic acid, silica, and tablet coating (hypromellose, glycerin, natural vanilla flavor)

Suggested Usage: As a dietary supplement, adults take eight (8) tablets daily (four (4) twice daily with meals) or as directed by your health care professional.

Gluten-free, Non-GMO.

FloraGLO[®] LUTEIN  FloraGLO[®] is a registered trademark of Kemin Industries, Inc.

Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt, Germany.
OPTISHARP[®] Natural is a trademark of DSM.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C)
(35-65% relative humidity)

Tamper Resistant - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

[†]This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: Cooper Concepts, Inc.
12330 Preston Road, Dallas, TX 75230
888.393.2221 | coopercomplete.com
Formula #202540-240-2123821 V0719
Product of USA



COOPER COMPLETE[®]

Original With Iron



**Physician
Formulated**



**for Whole
Body Health[†]**

Custom Formulation



Multivitamin & Mineral Supplement

240 Tablets | 30 Servings



Supplement Facts

Serving Size 8 tablets • Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene).....	900 mcg	100%
Vitamin C (as ascorbic acid).....	500 mg	556%
Vitamin D3 (as cholecalciferol).....	50 mcg (2,000 IU)	250%
Vitamin E (as d-alpha-tocopheryl succinate).....	134 mg	893%
Vitamin K (as phytonadione).....	25 mcg	21%
Thiamin (as thiamine HCl).....	3 mg	250%
Riboflavin.....	10 mg	769%
Niacin (as niacinamide).....	20 mg	125%
Vitamin B6 (as pyridoxine HCl).....	10 mg	588%
Folate (as Metafolin [®] , L-5-MTHF).....	333 mcg DFE (200 mcg L-5-MTHF)	83%
Vitamin B12 (as methylcobalamin).....	400 mcg	16,667%
Biotin (as d-biotin).....	300 mcg	1,000%
Pantothenic Acid (as calcium pantothenate).....	10 mg	200%
Iron (as Ferronyl [®] iron).....	18 mg	100%
Phosphorus (as potassium phosphate).....	160 mg	13%
Iodine (from kelp).....	150 mcg	100%
Magnesium (as magnesium oxide monohydrate).....	660 mg	157%
Zinc (as zinc amino acid chelate).....	15 mg	136%
Selenium (as selenium amino acid chelate).....	100 mcg	182%
Copper (as copper gluconate).....	2 mg	222%
Chromium (as chromium amino acid chelate).....	100 mcg	286%
Potassium (as potassium phosphate).....	400 mg	9%
Coenzyme Q10 (ubiquinone).....	100 mg	*
Lycopene (10% lycopene).....	10 mg	*
Lutein (as FloraGLO [®]).....	6 mg	*
Zeaxanthin (as OPTISHARP [®] Natural [Zeaxanthin]).....	0.4 mg	*

*Daily Value not established.