

SUGGESTED USE : As a dietary supplement, take two (2) capsules in the morning (with or without food). Also one (1) can be taken before exercise with or without food.

CAUTION: Consult your physician if pregnant or nursing. Children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*To Reorder: www.DrBerg.com
(800-816-8184)

Dr. Berg Nutritionals
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DrBerg Nutritionals®

Dr. Berg's



KETO ENERGY

**Supports Healthy Mitochondria
& Aids in Improving Energy Level**

60 VEGETARIAN CAPSULES

Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules / Serving Per Container: 30

Amount Per Serving 100%

Vitamin A from Carrots**	450mcg RAE	90%
Vitamin C from Oranges, Blueberry, Cranberry, Apple,		
Beets and Strawberry	30mg	90%
Vitamin D from Shitake Mushrooms	10mcg	90%
Vitamin E from Tomato	7.50mg	90%
Vitamin K1 from Spinach	40mcg	90%
Vitamin B1(Thiamine)	102.75mg	685%
from Oranges	0.75mg	
as Thiamine Pyrophosphate	2.0mg	
as Benfotiamine	100.0g	
Vitamin B2(Riboflavin) from Broccoli	0.85mg	90%
Vitamin B3(Niacin) from Tomato	10mg	90%
Vitamin B5(Pantothenic Acid) from Shitake Mushrooms	5mg	90%
Vitamin B6(Pyridoxine) from Carrots	1mg	90%
Vitamin B7(Biotin) from Spinach and Shitake Mushrooms	150mcg	90%
Vitamin B9(Folate) from Spinach and Beets	0.200mg DFE	40%
Vitamin B12 as Methyl cobalamin	2.4mcg	12.5%
Magnesium from Magnesium Krebs Cycle Powder	50mg	1%
Potassium from Potassium Krebs Cycle Powder and beets	50mg	
Alpha Lipic Acid	200mg	
Nutritional Yeast	150mg	
Proprietary Whole Food Blend		
Spinach, broccoli, carrot, beet, tomato, shitake mushroom,		
apple, cranberry, orange, blueberry & strawberry	225mg	

Other Ingredients: Veggie Capsules (Cellulose), Rice Bran and Magnesium Stearate (Vegetable Derived)

* Daily Value
not established