Superior quality whole food nutrition, since 1958

3-Day Detox

Cleanse | Balance | Energize

NEOLIFE®

Dietary Supplement: 1 set of 3-Day Detox blister cards
2 NeoLifeShake packets • 3 NeoLifeTea sticks

Dear Body,

I know I often compare you to what's on tv and in super photoshopped ads but today I commit to having the strength to be my best. Yeah, that's right, not anyone else's best but my own. Because this world tries desperately to make us feel unworthy and not good enough, but my self worth isn't determined by others. I will celebrate both your toned and your squishy parts. I will work out because I love you, not because I hate you. I will give you the nutrition you deserve. Superior quality, whole food nutrition. Human food chain nutrition because, well, I am human after all.

Now let's cleanse, balance and energize the healthy way!

Sincerely,
Self

Day 1 and Day 2 NeoLife Detox

Supplement Facts

Serving Size: 1 Card

Amount Per Serving	AM % Daily Value	PM % Daily Value
Vitamin A (as beta-carotene from carrot oleoresin (*Daucus carota*) (root))	2250 mcg (7500 IU) 250%	
Vitamin C (as ascorbic acid)	24 mg 30%	
Vitamin E (as d-alpha-tocopherol)	16.75 mg (25 IU) 110%	
Riboflavin (as riboflavin and from yeast)	0.6 mg 50%	
Niacin (as niacinamide)	8 mg 50%	
Vitamin B_6 (as pyridoxine hydrochloride and from yeast)	15 mg 880%	
Magnesium (chelated)	100 mg 25%	
Iodine (from kelp)	60 mcg 40%	
Zinc (chelated)	10 mg 90%	
Selenium (from yeast)	100 mcg 180%	
Chromium (from yeast)	50 mcg 140%	
Lemon pectin	9 mg †	
Mixed non-alpha-tocopherol	6.5 mg †	
Herbal Blend	856 mg †	856 mg †
Senna extract (*Cassia senna*) (leaf) (standardized to 16 mg total sennosides), Licorice powder (*Glycyrrhiza glabra*) (root), Prune powder (*Prunus domestica*) (fruit), Alfalfa powder (*Medicago sativa*) (leaf), Buckthorn extract (*Rhamnus frangula*) (bark) (10:1 for glucofrangulins), Rhubarb powder (*Rheum officinale*) (root), Asparagus powder (*Asparagus officinalis*) (plant), Anise powder (*Pimpinella anisum*) (seed).		
Allium Blend	245 mg †	245 mg †
Garlic extract (*Allium sativum*) (bulb); Onion extract (*Allium cepa*) (bulb); Leek powder (*Allium porrum*) (plant); Chive extract (*Allium schoenoprasum*) (leaf).		

† Daily Value not established.

OTHER INGREDIENTS: Dicalcium phosphate, microcrystalline cellulose, stearic acid, sodium croscarmellose, silicon dioxide, magnesium stearate, hydroxypropyl methylcellulose, ethyl cellulose, sodium alginate, natural mint extract, triacetin, rosemary extract, titanium dioxide, medium chain triglycerides, oleic acid, food glaze and magnesium silicate.
Contains soy.

Day 4 - 7 NeoLife Detox

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	AM	PM
Lactobacillus Plus Proprietary Blend	92 mg †	92 mg †
Lactobacillus acidophilus; Lactobacillus delbrueckii bulgaricus; Lactobacillus paracasei; Bifidobacterium animalis; Streptococcus thermophilus.		

† Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, gelatin, microcrystalline cellulose, magnesium stearate, titanium dioxide and nonfat milk.
Contains milk.

Day 3 NeoLife Detox

Supplement Facts

Serving Size: 1 Card

Amount Per Serving	AM % Daily Value	PM % Daily Value
Vitamin A (as beta-carotene from carrot oleoresin (*Daucus carota*) (root))	2250 mcg (7500 IU) 250%	
Vitamin C (as ascorbic acid)	24 mg 30%	
Vitamin E (as d-alpha-tocopherol)	16.75 mg (25 IU) 110%	
Riboflavin (as riboflavin and from yeast)	0.6 mg 50%	
Niacin (as niacinamide)	8 mg 50%	
Vitamin B_6 (as pyridoxine hydrochloride and from yeast)	15 mg 880%	
Magnesium (chelated)	100 mg 25%	
Iodine (from kelp)	60 mcg 40%	
Zinc (chelated)	10 mg 90%	
Selenium (from yeast)	100 mcg 180%	
Chromium (from yeast)	50 mcg 140%	
Lemon pectin	9 mg †	
Mixed non-alpha-tocopherol	6.5 mg †	
Lactobacillus Plus Proprietary Blend	92 mg †	92 mg †
Lactobacillus acidophilus; Lactobacillus delbrueckii bulgaricus; Lactobacillus paracasei; Bifidobacterium animalis; Streptococcus thermophilus.		

† Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, dicalcium phosphate, stearic acid, maltodextrin, gelatin, sodium croscarmellose, silicon dioxide, magnesium stearate, hydroxypropyl methylcellulose, natural mint extract, triacetin, titanium dioxide and nonfat milk.
Contains milk.

NeoLifeTea

Supplement Facts

Serving Size: 1/2 Stick (1.8 g) (makes 8 fl. oz.)

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%**
Total Sugars	1 g	†
Includes 1g Added Sugars		2%**
NeoLife Energy Blend	661 mg	†
Camellia sinensis extract (green tea, black tea, white tea) (leaf), Natural caffeine, Green tea extract (leaf).		
NeoLife Adaptogen Blend	55 mg	†
Panax ginseng extract (root), *Codonopsis pilosula* extract (root), *Rhodiola rosea* extract (rhizome).		

**Percent daily values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Fructose, natural lemon flavor, maltodextrin, honey, and soy lecithin.
Contains soy.

NeoLifeShake

Nutrition Facts

2 servings per box

Serving size 1 packet	Vanilla (43 g)	Chocolate (43 g)
Amount Per Serving **Calories**	**140**	**140**
	% Daily Value**	% Daily Value**
Total Fat	1.5 g 2%	1.5 g 2%
Saturated Fat	0 g 0%	0 g 0%
Trans Fat	0 g	0 g
Cholesterol	0 mg 0%	0 mg 0%
Sodium	270 mg 10%	320 mg 14%
Total Carbohydrate	18 g 6%	17 g 6%
Dietary Fiber	5 g 20%	5 g 18%
Total Sugars	11 g	11 g
Includes Added Sugars	7 g 14%	8 g 16%
Protein	18 g 36%	18 g 36%
Vitamin D_3	3.5 mcg (140 IU) 20%	3.5 mcg (140 IU) 20%
Calcium	333 mg 25%	316 mg 25%
Iron	6.3 mg 35%	6 mg 35%
Potassium	440 mg 10%	500 mg 11%
Vitamin A	375 mcg (1250 IU) 40%	375 mcg (1250 IU) 40%
Vitamin C	21 mg 25%	21 mg 25%
Vitamin E	7 mg (10.5 IU) 45%	7 mg (10.5 IU) 45%
Thiamin	0.53 mg 45%	0.53 mg 45%
Riboflavin	0.59 mg 45%	0.59 mg 45%
Niacin	7 mg 45%	7 mg 45%
Vitamin B_6	0.7 mg 40%	0.7 mg 40%
Folate	233 mcg DFE (140 mcg folic acid) 60%	233 mcg DFE (140 mcg folic acid) 60%
Vitamin B_{12}	2.1 mcg 90%	2.1 mcg 90%
Biotin	105 mcg 350%	105 mcg 350%
Pantothenic acid	3.5 mg 70%	3.5 mg 70%
Choline	10 mg 2%	10 mg 2%
Phosphorus	350 mg 30%	349 mg 30%
Magnesium	142 mg 35%	142 mg 35%
Iodine	53 mcg 35%	53 mcg 35%
Zinc	5.3 mg 50%	5.3 mg 50%
Selenium	24.5 mcg 45%	24.5 mcg 45%
Copper	0.7 mg 80%	0.7 mg 80%
Manganese	0.7 mg 30%	0.7 mg 30%
Chromium	42 mcg 120%	42 mcg 120%
Molybdenum	26 mcg 60%	26 mcg 60%

** The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

VANILLA - INGREDIENTS: NeoLife proprietary protein blend (soy protein isolate, nonfat dry milk, whey protein isolate and calcium sodium caseinate), fructose, **NeoLife proprietary fiber blend** (soy fiber, oat fiber, maltodextrin fiber and guar gum), natural flavors, soy lecithin, dicalcium phosphate, potassium chloride, safflower oil, magnesium oxide, sodium chloride, zinc yeast, vitamin E (d-alpha-tocopherol and mixed tocopherols), stevia. **Neo-Plex Concentrate** [orange juice powder, vitamin C (ascorbic acid), orange peel powder and citrus bioflavonoid], chromium yeast, vitamin C (ascorbic acid), manganese yeast, copper yeast, ferrous sulfate, selenium yeast, inositol, kelp powder, niacinamide, vitamin A palmitate, calcium pantothenate, vitamin D_3, **Multi Enzyme Blend** (bromelain, papain and malt diastase), vitamin B_6 (pyridoxine hydrochloride), vitamin B_{12} (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.

CHOCOLATE - INGREDIENTS: NeoLife proprietary protein blend (soy protein isolate, nonfat dry milk, whey protein isolate and calcium sodium caseinate), fructose, **NeoLife proprietary fiber blend** (soy fiber, oat fiber, maltodextrin fiber and guar gum), cocoa powder, natural flavors, soy lecithin, dicalcium phosphate, potassium chloride, safflower oil, sodium chloride, magnesium oxide, zinc yeast, stevia, vitamin E (d-alpha-tocopherol and mixed tocopherols). **Neo-Plex Concentrate** [orange juice powder, vitamin C (ascorbic acid), orange peel powder and citrus bioflavonoid], chromium yeast, vitamin C (ascorbic acid), manganese yeast, copper yeast, ferrous sulfate, selenium yeast, inositol, kelp powder, niacinamide, vitamin A palmitate, calcium pantothenate, vitamin D_3. **Multi Enzyme Blend** (bromelain, papain and malt diastase), vitamin B_6 (pyridoxine hydrochloride), vitamin B_{12} (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.

Contains soy and milk.

Additional Nutritional Information: (per flavor)
Neo-Plex Concentrate 25 mg
Inositol 10 mg

DISTRIBUTED BY:
NeoLife International, LLC
Fremont, CA 94538 U.S.A.
NOT SOLD IN RETAIL STORES.

SAB NeoLife Scientific Advisory Board

Available Exclusively from NeoLife Promoters.

Leading edge nutrition since 1958.

Based in Nature, Backed by Science.

NeoLife.com

Made in U.S.A.

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NOTICE: This product contains senna leaf, buckthorn bark and rhubarb root. Read and follow the directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because senna leaf, buckthorn bark and rhubarb root may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, or taking medications, or have a medical condition.

SUGGESTED USE:
Days 1 & 2 in the morning: Take 2 Neo-Lax tablets, 1 Garlic Allium Complex tablet and 3 Betagard® tablets.
Days 1 & 2 in the evening: Take 2 Neo-Lax tablets and 1 Garlic Allium Complex.
Day 3 in the morning: Take 3 Betagard® tablets and 1 Acidophilus Plus capsule.
Day 3 in the evening: Take 1 Acidophilus Plus capsule.
Days 4-7: Take 1 Acidophilus Plus capsule in the morning and evening.
NeoLifeTea: Mix 1/2 stick (1.8g) per 8 fl. oz. of hot or cold water.
NeoLifeShake: Mix contents of 1 packet in 8 fl. oz. ice cold water in a shaker or blender. Can also be mixed in milk.
Store in a cool, dry place, away from direct sunlight.