

**Directions:** As a dietary supplement, take one or two tablets at bedtime with a large glass of water.

If your elimination is occasionally sluggish, the herbs in Natural Cleanse Tablets may be able to help. These herbs have an extensive history of successful use for helping to promote healthy elimination. If problems persist, see your physician. Also consider eating a diet high in fruit, vegetables and whole grains to enrich your fiber intake. This may also help to promote healthy elimination.†

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!

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Manufactured in an NSF - GMP Certified Facility



**viva**  
vitamins™

# NATURAL CLEANSE TABLETS™

herbal intestinal sweep



Effective blend of herbs to  
promote healthy elimination†

We always use the highest  
quality ingredients

premium formulas ● 90 tablets ● dietary supplement

## Supplement Facts

Servings Per Container: 90

**Serving Size: 1 Tablet**

|                                                                                   | Amount Per Serving | *%DV |
|-----------------------------------------------------------------------------------|--------------------|------|
| Senna Leaf Concentrate<br>(3% sennosides A & B)                                   | 150 mg             | *    |
| Senna Leaf Powder                                                                 | 100 mg             | *    |
| Cascara sagrada Bark                                                              | 100 mg             | *    |
| Fennel seed                                                                       | 50 mg              | *    |
| Ginger Root                                                                       | 35 mg              | *    |
| Elimination Support Complex<br>(Fig, Prune & Date fruits, Buckthorn Bark Extract) | 103.5 mg           | *    |

\* % Daily Value (DV) has not been established.

**Other Ingredients:** Microcrystalline cellulose, croscarmellose, clear aqueous coating.

**FREE of:** Gluten, sugar, salt, starch, corn, yeast, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.