

Other Ingredients: Microcrystalline cellulose, vegetable stearic acid, croscarmellose sodium, vegetable magnesium stearate, silicon dioxide, food glaze.

FREE of: Gluten, sugar, starch, salt, yeast, corn, soy, wheat, lactose, citrus, milk, egg, artificial flavoring, or preservatives.

Directions: Take two captabs three times per day, preferably with food, or as directed by your health care professional.

In conjunction with regular weight-bearing exercise and a healthy diet, calcium helps you build bone mass and maintain bone health. Viva goes to great measures to acquire the highest quality ingredients and employ sound science in the formulation of this product. Your healthy bones depend on it!†

Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

©2019 Manufactured exclusively for Viva Vitamins™

Santa Clarita, CA 91355

For more information, visit www.BuyVivaVitamins.com

MADE IN THE USA • In God We Trust • Non-GMO

Manufactured in an NSF - GMP Certified Facility

708-R01



†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

vivaTM
vitamins

MAXIMUM BONE-AID



With MCHA (Microcrystalline Hydroxyapatite) and Ipriflavone

We always use the highest quality ingredients

Smaller tablets! Easier to swallow!

premium formulas • 180 captabs • dietary supplement

Supplement Facts

Servings Per Container: 30

Serving Size: 6 Captabs

	Amount Per Serving	%DV**
Vitamin C (ascorbic acid)	100 mg	111%
Vitamin D3 (cholecalciferol)	10 mcg (400 IU)	50%
Vitamin K2 (menaquinone)	100 mcg	125%
Calcium (from MCHA 88%, carbonate 12%)	1000 mg	77%
Microcrystalline Hydroxyapatite (MCHA)	4000 mg	*
Phosphorus (from MCHA)	400 mg	40%
Magnesium (oxide, MCHA)	600 mg	143%
Zinc (from AAC)	10 mg	91%
Selenium (as selenite)	25 mcg	45%
Copper (gluconate)	1 mg	111%
Manganese (citrate)	3 mg	130%
Potassium (as gluconate)	25 mg	<1%
Boron (as citrate)	3 mg	*
Betaine HCL	25 mg	*
Ipriflavone	600 mg	*
Horsetail Ext 7% (silica)	25 mg	*

*%DV not established
2,000 calorie per day diet.

**%DV is based on a