

SUGGESTED USE: As a dietary supplement, take two (2) capsules per day, any time.

CAUTION: Do not exceed three (3) capsules before bed. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

To Reorder:

www.DrBerg.com (800-816-8184)

Dr. Berg Nutritionals

4521 Ford Avenue
Alexandria, VA 22302



Dr. Berg's

Estrogen Balance With DIM

Supports Menopause &
Perimenopause

60 Capsules - Vegetarian



Dietary
Supplement

Supplement Facts

Serving Size: 2 Capsules (831 mg) / Serving Per Container: 30

	Amount Per Serving	%DV
Vitamin E (from D-Alpha-Tocopheryl Succinate)	200.0 IU	40%
Black Cohosh (Cimicifuga racemosa) Root Powder	200.0 mg	--
Ashwagandha (Withania somnifera) Root Powder	100.0 mg	--
Singery (Nettle (Urtica dioica) Leaf Powder	100.0 mg	--
Dimethylsilane (DIM)	100.0 mg	--
Brussels Sprouts Powder	50.0 mg	--
Cabbage Powder	50.0 mg	--
Chasteberry (Vitex agnus castus) Fruit Powder	50.0 mg	--
Fennel powder	50.0 mg	--
Turmeric Root (Curcuma longa)	50.0 mg	--
Sea Kelp (Organic)	50.0 mg	--
Black Pepper (Piper nigrum) Fruit 50:1 Extract		
BioPerin® (Sabinol)	15 mg	--

Other Ingredients: Vegetarian Capsules, Silicon Dioxide, Vegetarian Stearic Acid and MCC (Eudragel)

BioPerin® is a trademark of Sabinsa Corporation

WARNING: KEEP OUT OF REACH OF CHILDREN AND DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.