

Composed of a balanced blend of essential B Vitamins, Hi-B100 provides a super dose to support energy production throughout the day.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER-PARVE

NO YEAST OR WHEAT
NO SOY, MILK OR SALT
NO PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



Dietary Supplement **100** Tablets

— Our *PLEDGE of* INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

HI-B100

Certified Gluten-Free

- Supports energy**
- Super potency dose
- B Vitamins complex

Directions: Adults take one (1) tablet daily with food. Do not exceed recommended dose. This is a high potency Vitamin B6 and we recommend discussing all of the supplements and medications that you take with your health care and lab providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Thiamin (vitamin B1)(as thiamine hydrochloride)	100 mg	8,333%
Riboflavin (vitamin B2)	100 mg	7,692%
Niacin (as niacinamide)	100 mg	625%
Vitamin B6 (as pyridoxine hydrochloride)	100 mg	5,882%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	100 mcg	4,167%
Biotin (as d-Biotin)	100 mcg	333%
Pantothenic Acid (as calcium d-pantothenate)	100 mg	2,000%
Choline (from choline bitartrate)	41 mg	7%
PABA (para-aminobenzoic acid)	100 mg	*
Inositol	100 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, organic coating (tapioca maltodextrin, sunflower lecithin, sustainable palm oil, guar gum), silica, magnesium stearate, natural vanilla flavor. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59° - 86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
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