

Target-Mins® are made with specific free-form amino acids for optimal mineral delivery.\* A daily intake of zinc is needed as the body does not store it. Zinc maintains healthy activity at the cellular level, and plays a role in immune function.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

|                                              |                                                    |
|----------------------------------------------|----------------------------------------------------|
| <b>YES</b> CERTIFIED GLUTEN-FREE BY GFCO.ORG | <b>NO</b> YEAST, WHEAT OR CORN                     |
| <b>YES</b> CERTIFIED VEGETARIAN BY THE AVA   | <b>NO</b> SOY, MILK OR SALT                        |
| <b>YES</b> RECYCLABLE PACKAGING              | <b>NO</b> SUGAR OR PRESERVATIVES                   |
| <b>YES</b> MANUFACTURING SUPPORTS WIND POWER | <b>NO</b> ARTIFICIAL COLORS, FLAVORS OR SWEETENERS |
| <b>YES</b> KOSHER                            | <b>NO</b> MAGNESIUM STEARATE                       |

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

08M20



Dietary Supplement **180** Tablets

• TARGET-MINS® •

# ZINC

50 mg

Certified Gluten-Free

► Supports immune health\*

ESTABLISHED  
— 1971 —  
**Country Life**

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 tablet

| Amount Per Serving                                                                            | % Daily Value |      |
|-----------------------------------------------------------------------------------------------|---------------|------|
| Zinc (as zinc citrate, zinc histidinate, zinc picolinate, zinc bisglycinate, zinc aspartate)† | 50 mg         | 455% |

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, silica, vegetable glaze.

† Country Life always labels minerals in elemental weight.

**CAUTION:** Not for use by persons under the age of 18 or by pregnant or nursing women. If you are taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC  
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CountryLifeVitamins.com  
Product No. 2521