

**Directions:** As a dietary supplement, adults take one capsule daily between meals, or as directed by a health care professional. To support fatty acid metabolism while dieting, take two capsules, twice daily.

L-Carnitine plays a key role in cellular energy production. It is essential for oxidation of fatty acids in the mitochondria. Most L-Carnitine in the body is found in cardiac and skeletal muscle. Vitamin B6 is a cofactor in the metabolism of amino acids.†

Store in a cool dry place. Do not refrigerate. Please recycle.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

©2018 Manufactured exclusively for Viva Vitamins™  
For more information, visit [www.vivavitamins.com](http://www.vivavitamins.com)  
**MADE IN THE USA • In God We Trust • Non-GMO**  
Manufactured in an NSF - GMP Certified Facility



**viva**™  
**vitamins**

# L-CARNITINE

**500 MG**



**Supports Fatty Acid Metabolism  
& Healthy Heart Function†**

**We always use the highest quality  
ingredients**

**fitness formulas • 60 caps • dietary supplement**

## Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 60

|  | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Vitamin B6 (as pyridoxine HCl)**           | 10 mg              | 500%          |
| CarniPure™ ***<br>(L-Carnitine L-Tartrate) | 500 mg             | *             |

\*Daily Value not established

**Other Ingredients:** Rice flour, vegetable cellulose.

\*\* Vitamin B-6 is a cofactor in the metabolism of amino acids.

\*\*\* CarniPure™ offers the purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.

**Contains No:** Gluten, sugar, salt, yeast, corn, wheat, soy, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

