

Directions: Take one or more tablets per day with meals, or as directed by a health care professional.

Kelp is rich in iodine, which nourishes the thyroid, and contains potassium, calcium, and other minerals. Iodine is also known to help with hydration, weight management, the immune system and detoxing.†

Store in a cool, dry place and away from direct light.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



vivaTM
vitamins

ATLANTIC
KELP

225 MCG IODINE



**Good source of iodine
for thyroid health†**

**We always use the
highest quality
ingredients**

premium formulas • 500 tablets • dietary supplement

Supplement Facts

Serving Size: 1 tablet

Servings Per Container: 500

	Amount Per Serving	%DV
Iodine (from Kelp) (fucus vesiculosus)	225 mcg	150%

*%DV not established

Other Ingredients: Microcrystalline cellulose, croscarmellose.
FREE of: Gluten, milk, sugar, yeast, wheat, corn, egg, fish products, artificial coloring, flavoring, or preservatives.

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For more information, visit www.VivaVitamins.com
MADE IN THE USA • In God We Trust • Non-GMO
Manufactured in an NSF - GMP Certified Facility

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!