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Best by:



chromax®



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Lot No:

Directions: Adults take one (1) tablet twice daily before a meal. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet		
Amount Per Serving		% Daily Value
Vitamin B6 (as pyridoxine hydrochloride alpha- ketoglutarate) Folate.....	7.5 mg	441%
Vitamin B12 (as cyanocobalamin) Calcium (as calcium carbonate)† Magnesium (as magnesium aspartate)† Zinc (as zinc monomethionine)† Copper (as copper lysinate hydrochloride)† Manganese.....	334 mcg DFE (200 mcg folic acid) 50 mcg 60 mg 50 mg 2.5 mg 0.5 mg 1.5 mg	84% 2,083% 5% 12% 23% 56% 65%
Chromium (as chromium picolinate)† Potassium (as potassium aspartate)† Botanical Blend.....	200 mcg 49.5 mg 143.8 mg	571% <2% *
Bitter Melon Extract (fruit) Fenugreek (seed)(from 4:1 extract) Gymnema Sylvestre (leaf)(from 12:1 extract) Vanadium.....	781 mcg	*
* Daily Value not established		

Glycemic Factors® has been a favorite for over 25 years. This product contains vitamins, minerals, and botanicals, including chromium, which aids in the metabolism of glucose.** Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, maltodextrin, dextrin, magnesium stearate, vegetable glaze.

† Country Life always labels minerals in elemental weight. **CAUTION:** If you are pregnant, nursing, diabetic, hypoglycemic, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F.

Keep out of the reach of children.

This product has been manufactured at a GMP

Registered facility.

Manufactured by Country Life, LLC

180 Vanderbilt Motor Parkway, Hauppauge,

NY 11788 (USA) CountryLifeVitamins.com

Product No. 1575

ESTABLISHED
— 1971 —
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Life**

GLYCEMIC FACTORS®

Certified Gluten-Free

► Aids in glucose metabolism**

Dietary Supplement **100** Tablets

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AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY