



ORGANIC

HEALTHY FEELS GOOD



SMOOTHIES



YOGURT



STIR IN WATER

ASHWA GANDHA ROOT POWDER

**PREMIUM GRADE
RAW FROM INDIA
CERTIFIED ORGANIC**
Net Weight 16oz (453g)



ALLEVIATE STRESS & ANXIETY • OVERCOME INSOMNIA

Ashwagandha is a powerful herb used for thousands of years for its restorative and rejuvenating benefits. Ashwagandha can help alleviate stress, anxiety, fatigue, low energy, insomnia and concentration difficulties. This bag contains certified organic, 100% pure ashwagandha root powder made from ashwagandha plants grown and cultivated in India.



FGO products are sourced from nutrient dense origins around the world. We are committed to delivering the highest quality, certified organic products at a fair price, to help you live healthy and feel good.

ORGANIC ASHWAGANDHA POWDER

For recipes, giveaways and more visit us at www.FGOrganics.com

Ingredients: Certified Organic Ashwagandha Root Powder (*Withania somnifera*).

Directions: Mix into smoothies and yogurt. Stir into a glass of water.

Storage: Refrigeration not required. Store in a cool, dark, dry place.

Caution: If you are pregnant or breastfeeding, please consult a doctor before using.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure or prevent any disease.

Nutrition Facts

Serving Size 1/2 tsp. (2g)
Servings Per Container 226
Calories 5
Calories from Fat 0

Amount Per Serving	% Daily Values	Amount Per Serving	% Daily Values
Total Fat 0g	0%	Total Carbohydrate 1g	0%
Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
Cholesterol 0mg	0%	Protein 0g	0%
Sodium 0mg	0%		

ASHWAGANDHA-16oz-453g



Distributed By:

FGO*

Seattle, WA 98117

www.FGOrganics.com

Certified Organic By: CCOF



ORGANIC IS
NON-GMO
& MORE



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