- + 5,000 MG OF PURE COLLAGEN PEPTIDES
- + HIGHLY ABSORBABLE
- + ENHANCED WITH VITAMIN C & BIOTIN

Collagen is the 'glue' that holds us together. This major structural protein is found in hair, skin, joints, bones, blood vessels and connective tissues.

Youtheory® Collagen for Men supplies high-quality collagen peptides to help counteract age-related collagen loss.*





POWERFUL PROTEIN

+ ESSENTIAL NUTRIENTS

290 TABLETS
DIETARY SUPPLEMENT

Suggested Use: (Adults) Take six (6) tablets per day, all at once or in divided doses.

Supplement Facts

Serving Size: 6 tablets Servings Per Container: 48

g		
	Amount Per Serving	% Daily Value
Calories	20	
Protein	5 g	
Vitamin C (as Calcium Ascorbate)	60 mg	70%
Biotin	900 mcg	3,000%
Hydrolyzed Collagen Peptides	5,000 mg	**
Fo-Ti (root) extract (5:1)	420 mg	**
**Daily Value not established		

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide.

This product is manufactured in a facility that processes fish extracts.









Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place after opening.

Amino acid values listed below represent typical averages for edible hydrolyzed collagen and are for informational purposes only. Per 6 tablet serving:

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Alanine	405 mg	Hydroxylysine	60 mg	Phenylalanine	105 mg
Arginine	420 mg	Hydroxyproline	585 mg	Proline	575 mg
Aspartic Acid	330 mg	Isoleucine	75 mg	Serine	170 mg
Glutamic Acid	620 mg	Leucine	145 mg	Threonine	95 mg
Glycine	1,030 mg	Lysine	170 mg	Tyrosine	25 mg
Histidine	40 mg	Methionine	30 mg	Valine	120 mg

manufactured by:



Irvine, CA 92618 U.S.A. 888.271.8976

youtheory.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

