

# multivitamin with iron

- Supports a strong immune system<sup>†</sup>
- Promotes normal cognitive performance<sup>†</sup>
- Supplements dietary deficiencies<sup>†</sup>
- Promotes skeletal, muscle and skin health<sup>†</sup>

## Isotonix®

The world's most advanced nutraceuticals

NET WEIGHT: 3.5 OZ (100 g)

AN ISOTONIC-CAPABLE DIETARY SUPPLEMENT

**Directions for use:** Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 ml) and stir. As a dietary supplement, take one daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

**Note:** If you are currently using any prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, consult your healthcare provider before using this product.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

Store in a cool, dry place. Do not use if safety seal is broken or missing.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

REV 05/03



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Lot #: \_\_\_\_\_ Best when used by: \_\_\_\_\_

## Supplement Facts

Serving Size: 1 Capful (3.3 g)  
Servings Per Container: 30\*

|                                                                              | Amount Per Serving | %DV   |
|------------------------------------------------------------------------------|--------------------|-------|
| <b>Total Carbohydrate</b>                                                    | 1 g                | <1%*  |
| <b>Total Sugar</b>                                                           | 1 g                | —     |
| Includes <1 g Added Sugars                                                   |                    |       |
| Vitamin A (100% as beta-carotene)                                            | 1,575 mcg RAE      | 100%  |
| Vitamin C (as ascorbic acid)                                                 | 190 mg             | 167%  |
| Vitamin B1 (as thiamine HCl)                                                 | 25 mg              | 100%  |
| Vitamin E (as d-alpha-tocopheryl succinate)                                  | 45 mg              | 300%  |
| Thiamin (as thiamine HCl)                                                    | 2.6 mg             | 210%  |
| Riboflavin                                                                   | 5 mg               | 250%  |
| Niacin (as niacinamide)                                                      | 40 mg NE           | 250%  |
| Vitamin B6 (as pyridoxine HCl)                                               | 4 mg               | 200%  |
| Folate <sup>†</sup> (as (6S)-5-methyltetrahydrofolate acid glucuronide salt) | 216 mcg DFE        | 54%   |
| Vitamin B12 (as cyanocobalamin)                                              | 25 mcg             | 1125% |
| Biotin                                                                       | 300 mcg            | 1000% |
| Pantothenic Acid (as D-calcium pantothenate)                                 | 20 mg              | 400%  |
| Calcium (as lactate, phosphate)                                              | 54 mg              | 4%    |
| Iron <sup>†</sup> (as ferrous gluconate)                                     | 15 mg              | 83%   |
| Iodine (as potassium iodide)                                                 | 160 mcg            | 100%  |
| Magnesium (as carbonate)                                                     | 25 mg              | 6%    |
| Zinc (as lactate)                                                            | 7.5 mg             | 60%   |
| Selenium (as amino acid chelate)                                             | 55 mcg             | 100%  |
| Copper (as gluconate)                                                        | 6.1 mg             | 11%   |
| Manganese (as gluconate)                                                     | 2 mg               | 80%   |
| Chromium (as amino picolinate)                                               | 120 mcg            | 340%  |
| Potassium (as bicarbonate)                                                   | 110 mg             | 2%    |

\* Percent Daily Values are based on a 2,000-calorie diet.

\*\* Daily Values (DV) not established.

**Other Ingredients:** Flavors, citric acid, natural mango flavor, natural orange flavor, natural passion fruit flavor, malic acid, riboflavin, Vitamin A (beta-carotene), silicon dioxide, maltodextrin, low heat fruit extract, natural vanilla flavor, citric acid.

Manufactured for and distributed by:  
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27402, USA

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