Directions: As a dietary supplement, take 2 tablets daily, with or without food.

Viva's Menopause Support provides a variety of natural ingredients, formulated to support and help manage symptoms of menopause. This includes an herbal support complex which may help reduce hot flashes, as well as a glandular support complex to help support the production of important, key hormones. Pantothenic acid is also included to support the adrenal glands during this stressful transition.

Store in a cool dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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GMP Compliant Manufacturing



MADE IN THE USA



VIVA FEMME

MENOPAUSE SUPPORT

with Black Cohosh and Magnesium



Nutritional, herbal & glandular support to help manage symptoms of menopause[†]

210 tablets
dietary supplement

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 105

Amount	Per Serving	%Daily Value
Pantothenic Acid	200 mg	2000
Iodine	150 mcg	100
Magnesium	100 mg	25
PABA (para aminobenzoic acid)	150 mg	*
Boron	3 mg	*
Menopause Herbal Support Comp Black Cohosh root, Eleuthero ro Dong Quai root, Passion Flowe	oot,	*

Licorice root, Damiana leaf, Peony root, Flax seed, Oat Straw, Lecithin

Glandular Support Complex 130 mg Raw Adrenal, Raw Pituitary, Raw Ovary

* % Daily Value (DV) has not been established.

Other Ingredients: Calcium phosphate, stearic acid (vegetable source), croscarmellose, magnesium stearate (vegetable source).

Contains No: gluten, sugar, salt, starch, yeast, corn, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

Viva Vitamins™ fully guarantees the potency of this product through: