

NGL-006V.01

www.naturesgiftsinc.com

Distributed by:
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EXPIRATION DATE:

LOT NO.:

MANUFACTURING DATE:

PREMIUM
QUALITYNature's
GiftsOne Daily
A^{to} Zinc

Multivitamin/Multimineral
with Antioxidants
DIETARY SUPPLEMENT

120
TABLETS

Supplement Facts

Serving size: 1 Tablet • Servings per container: 120

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as Vitamin A Acetate, 29% Beta Carotene)	3500 IU	70%	Magnesium (as Magnesium Oxide)	100 mg	25%
Vitamin C (as Ascorbic Acid, Sodium Ascorbate, Ascorbyl Palmitate)	61 mg	102%	Zinc (as Zinc Oxide)	15 mg	100%
Vitamin D (as Ergocalciferol)	400 IU	100%	Selenium (as Sodium Selenate)	20 mcg	29%
Vitamin E (as dl-alpha-Tocopheryl Acetate)	30 IU	100%	Copper (as Copper Oxide)	2 mg	100%
Vitamin K (as Phytonadione)	25 mcg	31%	Manganese (as Manganese Sulfate)	2 mg	100%
Thiamin (Vitamin B1) (as Thiamine HCl)	1.5 mg	100%	Chromium (as Chromium Dinicotinate Glycinate)	120 mcg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%	Molybdenum (as Molybdenum Chelate)	75 mcg	100%
Niacin	20 mg	100%	Chloride (as Potassium Chloride)	72 mg	2%
Vitamin B6 (as Pyridoxine HCl)	2 mg	100%	Potassium (as Potassium Chloride)	80 mg	2%**
Folic Acid	400 mcg	100%	Lycopene	300 mcg	*
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%	Lutein Ester	250 mcg	*
Biotin	30 mcg	10%	Boron (as Boron Amino Acid Chelate)	150 mcg	*
Phosphorus (as Dicalcium Phosphate Dihydrate)	109 mg	11%	Tin	10 mcg	*
Pantothenic Acid (Vitamin B5) (as D-Calcium Pantothenate)	10 mg	100%	Vanadium (as Sodium Metavanadate)	10 mcg	*
Calcium (as Dicalcium Phosphate Dihydrate, Calcium Carbonate)	162 mg	16%	Nickel (as Nickel Chelate)	5 mcg	*
Iron (as Ferrous Fumarate)	18 mg	100%	Silicon (as Silicon Dioxide)	2 mcg	*
Iodine (as Potassium Iodide)	150 mcg	100%	*Daily Value not established		
			**Daily Value based on a 2,000 calorie diet		

Usage Warnings: Do not use if printed seal under cap is missing or damaged. Check with your doctor before using this product if you are using medication, have any medical conditions, or are pregnant or nursing. Not intended for use by persons under 18. Do not exceed recommended dosage. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool dry place, tightly closed.

Other Ingredients: Stearic acid, microcrystalline cellulose, croscovidone, magnesium stearate, silicon dioxide, purified water, hydroxypropyl cellulose, polyethylene glycol, hypromellose, FD&C Yellow No. 6, talc, titanium dioxide, vanillin, and carnauba wax.

Suggested Use: (Adult) As a dietary supplement take one (1) tablet daily with food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

