

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

Directions: Mix one scoop (included in can) of Organic Soy Protein Powder with at least 8 oz water, juice, or milk (use less liquid for a thicker consistency); or mix with yogurt, smoothies, cereal, or meals as desired.

Our Vanilla Non-GMO Certified Organic Soy Protein Powder is made using organic soy protein powder as well as organic natural vanilla flavor.

Soy is an excellent, high quality source of protein great for those looking to easily add plant-based protein to their diet. The World Health Organization has established that when consumed at the recommended level of protein intake, soy protein contains sufficient amounts of all essential amino acids for human needs, and is considered equivalent to animal protein in quality.¹ Soyfoods are the only natural dietary source with a nutritionally relevant level of isoflavones. Research indicates isoflavones from soy promote hormonal and antioxidant balance, and support cardiovascular, bone and menopausal health. The healthy fat in soy also provides Alpha-Linolenic Acid, an omega-3 fatty acid.¹

Our Ultimate Organics® products do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

Our soy protein powder comes from soybeans grown and processed in the USA.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. Each serving of Vanilla Non-GMO Certified Organic Soy Protein Powder provides 16 grams of soy protein.

¹ FAO/WHO/UNU Expert Consultation. Energy and Protein Requirements. Geneva: World Health Organization, 1985. (WHO technical report series 724)

Typical Amino Acid Profile Per Serving of Drink Mix:

Alanine	530 mg	Leucine ¹²	1,000 mg
Arginine	1,340 mg	Methionine ¹³	200 mg
Aspartic Acid	1,880 mg	Phenylalanine ¹³	650 mg
Cysteine	210 mg	Proline	830 mg
Glutamic Acid	3,190 mg	Serine	640 mg
Glycine	630 mg	Threonine ¹³	580 mg
Histidine	410 mg	Tryptophan ¹³	180 mg
Isoleucine ¹²	720 mg	Tyrosine	530 mg
Leucine ¹²	1,230 mg	Valine ¹²	730 mg

¹² Branched Chain Amino Acid

¹³ Essential Amino Acid

Typical Isoflavone Profile Per Serving of Drink Mix:

Daidzein Compounds	10 mg
Genistein Compounds	17 mg
Glycitein Compounds	2 mg
Total Isoflavones	29 mg

Notice: Use this product as a food supplement only. DO NOT USE for weight reduction.

To report a serious adverse event, call 1-888-710-0006

¹ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

VL 956-16J

Vegan
Ultimate Organics®

NON-GMO ORGANIC SOY PROTEIN POWDER

• Natural Vanilla Flavor •

Supports Bone, Cardiovascular and
Menopausal Health¹

Dietary Supplement

NET WT. 16 OZ. (454 g)



This product is certified organic by Quality Assurance International (QAI).



Nutrition Facts

Serving Size: One scoop (32 g)

Servings Per Container: Approximately 14

Amount Per Serving	% Daily Value*
Calories	130
Calories from Fat	20
Total Fat	2 g 3%
Saturated Fat	0 g 0%
Trans Fat	0 g 0%
Cholesterol	0 mg 0%
Sodium	0 mg 0%
Total Carbohydrate	12 g 4%
Dietary Fiber	3 g 12%
Sugars	6 g **
Protein	16 g 32%
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

** Daily Values not established.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Other ingredients: Organic soy protein concentrate, organic cane sugar and organic vanilla flavors.

956 - ORGANIC SOY - VANILLA