

NGL-043V.01

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Manufacturing facility meets
FDA required GMP Standards



MADE IN USA

**PREMIUM
QUALITY
NUTRITION FOR
ATHLETES**

*Nature's
Gifts*

FB

**Diet & Exercise Formula
WITH CHITOSAN**

Dietary Supplement

**100
Tablets**

Supplement Facts

Serving size: 2 Tablets • Servings per container: 50

	Amount Per Serving	% Daily Value
Vitamin B6 (as Pyridoxine HCl)	10 mg	500%
Vitamin B12 (as Cyanocobalamin)	12 mcg	200%
Chromium (as Chromium Nicotinate Glycinate Chelate)	100 mcg	83%
Fiber Complex Proprietary Blend	500 mg	*
Microcrystalline cellulose		*
Psyllium powder (seed husk)		*
Lipotropic Complex Proprietary Blend	315 mg	*
L-Methionine		*
L-Lysine (as L-Lysine HCl)		*
Betaine (as Betaine HCl)		*
Choline (as Choline Bitartrate)		*
L-Carnitine (as L-Carnitine Tartrate)		*
FB Proprietary Blend	304 mg	*
Chitosan		*
Buchu (<i>Agathosma betulina</i>) extract (4:1)(leaf)		*
Uva-Ursi extract (4:1)(leaf)		*
Green Tea extract (50% EGCG)(leaf)		*

*Daily Value not established

Other Ingredients: Dicalcium phosphate, stearic acid, magnesium stearate (vegetable), croscarmellose sodium, silicon dioxide, hypromellose, polyethylene glycol, carnauba wax, vanillin and purified water.

Suggested Use: (Adult) As a dietary supplement take two (2) tablets daily with food and water.

Contains: Crustacean Shellfish (lobster, crab, shrimp)

Usage Warnings: Do not use if printed seal under cap is missing or damaged. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you are pregnant or nursing. Not intended for use by persons under 18. Do not exceed recommended dosage. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool dry place, tightly closed.