

Distributed by: Nature's Gifts International[®], Inc.

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Manufacturing facility meets
FDA required GMP Standards

Usage Warnings: Do not use if seal under cap is damaged. Check with your doctor before use if using medication or have medical conditions. Do not use if pregnant or nursing. Not intended for persons under 18. Do not exceed recommended dosage.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.



MANUFACTURING DATE:

LOT NO.:

EXPIRATION DATE:

PREMIUM
QUALITY

*Nature's
Gifts*

Better
FERRO
IRON PLUS FOLIC ACID

Ferrous Gluconate

Dietary Supplement

100
Tablets

Supplement Facts

Serving size: 1 Tablet • Servings per container: 100

	Amount Per Serving	% Daily Value
Iron (as Ferrous Gluconate)	27 mg	150%
Folic Acid	200 mcg	50%

Other Ingredients: Dicalcium phosphate dihydrate, microcrystalline cellulose, stearic acid, magnesium stearate, silicon dioxide, purified water, hydroxypropyl cellulose, polyethylene glycol, FD&C Red No. 40, FD&C Blue No. 2, FD&C Yellow No. 6, talc, titanium dioxide, and vanillin.

Suggested Use: As a dietary supplement, take one (1) tablet daily with orange juice and food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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