

Directions: As a dietary supplement, take one to three softgels daily.

Evening primrose oil is a rich source of gamma linolenic acid (GLA). GLA helps support healthy skin and joints, and may help reduce premenstrual symptoms.†

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured in an NSF-GMP Certified Facility



viva[™]
vitamins

EVENING PRIMROSE OIL

500 MG



Supports skin, joints, and
may reduce Premenstrual
symptoms†

We always use the
highest quality
ingredients

premium formulas • 90 softgels • dietary supplement

Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 90

	Amount Per Serving	%DV
Calories	4.5	
Calories from Fat	4.5	
Total Fat	0.5 g	2%†
Evening Primrose Oil (<i>Oenothera biennis</i>)	500 mg	*
Gamma-linolenic acid (GLA)	600 mg	*
Cis-linoleic acid	600 mg	*
Oleic acid	60 mg	
Palmitic acid	60 mg	

† Percent Daily Values are based on a 2,000 calorie diet.

* %Daily Value (DV) has not been established.

Other Ingredients: Softgel (gelatin, glycerin and water).

Contains No: Sugar, salt, starch, yeast, corn, soy, wheat, lactose, gluten, milk, egg, fish products, peanuts, artificial coloring, flavoring, or preservatives.