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Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

Certified Organic By QCS

**Suggested Usage:** As a dietary supplement, adults take one scoop daily, mixed with 8-10 ounces of water or other liquid. Blend well.

**Warning:** If you are pregnant or nursing or if you are taking prescription medication, consult your health professional before using this product. Take with food. If you have liver problems, consult your health professional before use.

**CAFFEINE WARNING:** The recommended serving size (8 g) of this product contains approximately 60 mgs of caffeine from Green Tea leaf extract. Monitor other sources of caffeine such as medications, foods, or beverages while taking this product. Caution with pregnancy and lactation.

**KEEP OUT OF THE REACH OF CHILDREN.**

Store in a cool, dry place. Use only if safety seal is intact.

**Gluten-free, Non-GMO**

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Packaged by weight, not volume. Settling may occur.



Scan to learn about our manufacturing excellence Formula #57402 V6

# Organic Greens & Reds

## Great Tasting Blend of Concentrated Grasses, Fruits, and Vegetables

**Dietary Supplement**

Daily wellness and healthy aging<sup>†</sup>



**Net Weight**  
**240 g (8.5 oz)**



### Supplement Facts

Serving Size 1 Scoop (Approx. 8 Grams)  
Servings Per Container Approx. 30

|                                   | Amount Per Serving | %DV  |
|-----------------------------------|--------------------|------|
| Calories.....                     | 23                 |      |
| Total Carbohydrate .....          | 5.8 g              | 2%*  |
| Vitamin C (as ascorbic acid)..... | 240 mg             | 267% |
| Proprietary Blend .....           | 8 g                | *    |

Providing:

#### Green Foods

Organic Wheat Grass (young leaf), Organic Green Tea Extract (leaf), Organic Carrot Powder (taproot), Organic Broccoli Powder (aerial parts), Organic Kale Powder (aerial parts), Organic Parsley Powder (aerial parts), Organic Spirulina (entire plant), Organic Chlorella (entire plant), Organic Milk Thistle Extract (seed), Organic Beet Powder (root)

|                                                                                                                                                                                                                                                                                                                                                                                                                          | Amount Per Serving | %DV |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-----|
| <b>Fruits</b>                                                                                                                                                                                                                                                                                                                                                                                                            |                    |     |
| Organic Raspberry Powder (fruit), Organic Tomato Powder (fruit), Organic Acerola Extract (fruit), Organic Strawberry (fruit), Organic Mango (fruit), Organic Mountain Cranberry (fruit), Organic Hawthorne Berry Extract (fruit), Organic Apple (fruit), Organic Black Currant Powder (fruit), Organic Pomegranate Extract (fruit), Organic Blueberry Powder (fruit), Organic Acai (fruit), Organic Plum Extract (fruit) |                    |     |
| <b>Fiber and Enzymes</b>                                                                                                                                                                                                                                                                                                                                                                                                 |                    |     |
| Organic Gum Acacia, Organic Flax Seed Powder, Organic Inulin and an Enzyme Blend of Cellulase, Protease, Amylase and Lipase                                                                                                                                                                                                                                                                                              |                    |     |

\*Daily Value (DV) not established

<sup>†</sup>Percent Daily Values are based on a 2,000 calorie diet

Other ingredients: Organic flavors (vanilla and strawberry), organic stevia extract, citric acid, organic maltodextrin and/or manioc starch, silicon dioxide and sunflower lecithin

**Contains:** Wheat