



**HERBAL**  
Highest Quality

**HAWAII PHARM EXTRACT**  
Since 2008



### Ingredients:

Certified Organic Fenugreek  
(*Trigonella Foenum-Graecum*) dried fruit.

**Origin:** India.

**Other ingredients:** Vegetable palm glycerin,  
pharmaceutical grade alcohol, artesian Hawaiian  
purified water.

**Contains NO** GMO, gluten, artificial colors,  
heavy metals, preservatives, pesticides, fertilizers.

### Directions for use:

Shake well before using. Take about 20-30 drops  
(0.7-1 ml, one full squeeze of the dropper bulb) to  
2-4 oz of juice or water up to 4 times per day.

### Warning:

Keep out of the reach of Children. May have  
contraindications. We recommend to seek expert  
medical advice before taking. Do not use if you  
are allergic to any ingredients. Consult a physician  
before using during pregnancy, if nursing or taking  
any medications. Do not use if seal is broken  
or missing. Store in a cool dry place.

Best use by:

IPN:

## FENUGREEK

(*Trigonella Foenum-Graecum*)



*Made with Aloha!*

Super concentrated liquid herbal extract.

Dry herb / menstruum ratio: 1:3.

HERBAL DIETARY SUPPLEMENT

4 fl.oz (120 ml)

### Supplement Facts

Serving Size: 1 ml; Servings Per Container: 120

| Amount Per Serving                                     | % DV <sup>†</sup> |
|--------------------------------------------------------|-------------------|
| Fenugreek ( <i>Trigonella Foenum-Graecum</i> ) extract | 970 mg ±          |

<sup>†</sup> Percent Daily Values (DV) are based on a 2,000 calorie diet.

± Daily Value Not Established.

Extraction rate: 330 mg of dry plant material per 1 ml.

\* These statements have not been evaluated by the Food  
and Drug Administration. This product is not intended  
to diagnose, treat, cure or prevent any disease.

Manufactured in an FDA registered facility.

