

SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Protocol For Life Balance® Glucosamine & Chondroitin with MSM combines three of the most researched and effective nutrients for supporting joint health in one dietary supplement.* Our Glucosamine and Chondroitin are both 100% sulfate-sourced, the most studied forms of these nutrients. In addition, we also include MSM (methylsulphonylmethane), an organic form of sulfur found in all living organisms. Studies have shown that these nutrients provide dietary components that support healthy joint structure and function.*

CAUTIONS/INTERACTIONS: Persons with known allergies to shellfish should not take this product. The only side effects reported with chondroitin sulfate usage appear to be mild gastrointestinal incidents. Similar adverse reactions have been reported with glucosamine and MSM, yet both of these compounds also are often suggested as supporting GI-tract health and function.* It was thought that glucosamine might adversely affect insulin sensitivity, but clinical trials have disproven this.

The use of MSM can lead to the occurrence of an abnormal resonance in the *in vivo* brain proton MR spectrum as well as in an *in vitro* cerebrospinal fluid NMR study, hence should be revealed prior to undergoing these or related diagnostic tests. For more information on this product go to www.protocolforlife.com/P3172

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL
FOR LIFE BALANCE®

Glucosamine & Chondroitin with MSM

• Supports Healthy Joint Function*

180 Capsules

A Dietary Supplement



CODE
P3172
V4



Supplement Facts

Serving Size 3 Capsules Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%*
Sodium	150 mg	6%
Glucosamine Sulfate (from 1500 mg Glucosamine Potassium Sulfate Complex)	1.1 g (1,100 mg)	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	1.2 g (1,200 mg)	†
MSM (Methylsulphonylmethane)	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source). Contains shellfish (crab, shrimp, lobster, crayfish).

Manufactured by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.