

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 3 times daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Alpha-Lipoic Acid (ALA) is naturally produced in the human body in very small amounts, but is also available in some foods. ALA's unique ability to function in both aqueous (water) and lipid environments, allows it to easily cross biological membranes to exert its actions. ALA is known to support the production of glutathione and to regenerate vitamins C and E as well as other antioxidants.* Clinical trials have shown that ALA helps to promote the maintenance of healthy neural tissues, most notably in conjunction with its role in the support of proper glucose metabolism and cardiovascular function.* Bioperine® is a standardized pepper extract that is known to enhance the bioavailability of some nutrients.*

CAUTIONS/INTERACTIONS: Alpha-Lipoic Acid supplementation may interact with certain medications, especially anti-diabetes drugs. If you are taking any medications or if you are at risk for thiamine deficiency or if you have a thyroid condition, consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P3046

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P3046B

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PROTOCOL
FOR LIFE BALANCE®

Alpha-Lipoic Acid

600 mg

- With Grape Seed Extract & Bioperine®
- Now with Alpha Lipoic Acid Granules

60 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Alpha-Lipoic Acid (Granules)	600 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	30 mg	†
Bioperine®	5 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

Manufactured by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Processed to naturally yield a 50% R-ALA racemic product.

Bioperine® is a registered trademark of Sabinsa Corporation.

This bottle contains an AGELESS® Oxygen Absorber to ensure freshness. Do not eat packet.

Store in a cool, dry place after opening. Please Recycle.