EVIDENCE-BASED

Cotisol Manager* dietary supplement combines stress-reducing ingredients and cortisol-lowering botanicals to help reduce stress and relieve occasional sleeplessness.* This safe, natural and non-habit forming formula increases the ability to fall asleep, stay asleep, and will not cause morning grogginess, while providing all-day stress reduction.*

Recommendations: For adults, take 1 tablet before bedtime. Increase to 2 tablets during times of high stress. Safe for use every night.

Sensori® is protected under U.S. Patent 6,713,092 and is a trademark of Natreon, Inc. Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

Contains no yeast, wheat, gluten, corn, dairy products, artificial flavoring, preservatives, or ingredients of animal origin. All colors used are from tatural sources.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR INTEGRATIVE THERAPEUTICS, INC. • GREEN BAY, WI 54311 USA WWW.integrativeinc.com • 1.800.931.1709





Also available in a 30 count bottle.



CORTISOL

Reduces cortisol levels for all-day stress reduction and restful sleep*

VALUE SIZE
90 TABLETS

Dietary Supplement

Supplement Facts

Amount per tablet %DV***

Total Carbohydrate <1 g <1%***

Sodium 5 mg <1%***

Stress-Reducing Proprietary Blend*: ashwagandha (Withania 250 mg somnlerg) (Sensoril* brand) root and leaf extract standardized to contain 8% withanolides and L-theanine (Suntheanine* brand)

Consol-Reducing Proprietary Blend*: magnolia (Magnolia officinalis) 225 mg
bak extract standardized to contain 2% honokiol and 1% magnolol
and epimedium (Epimedium koreanum) aerial part extract

hosphatidylserine 50 mg

"Percent Daily Values (DV) are based on a 2,000 calorie diet.

"Daily Value not established

Other ingredients: dextrose, cellulose, modified cellulose gum, modified cellulose, magnesium stearate, stearic acid, titanium dioxide color, soy lecithin, vegetable gycern, and carnauba wax.

Caution: Drowsiness may occur. Avoid driving, operating heavy machinery, or consuming alcohol while using this product. If pregnant, nursing, taking prescription drugs, or if you suffer with chronic insomnia, consult your healthcare practioner prior to use. Keep out of reach of children.