

EVIDENCE-BASED



integrative
THERAPEUTICS, INC.

CORTISOL MANAGER™*

*Reduces cortisol levels for all-day
stress reduction and restful sleep**

30 TABLETS

Dietary Supplement

Supplement Facts

Serving Size 1 tablet

Amount per tablet

%DV***

Total Carbohydrate

<1 g <1%***

Sodium

5 mg <1%***

Stress-Reducing Proprietary Blend*: ashwagandha (*Withania somnifera*) (Sensoril® brand) root and leaf extract standardized to contain 8% withanolides and L-theanine (Suntheanine® brand)

250 mg

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Cortisol-Reducing Proprietary Blend*: magnolia (*Magnolia officinalis*) bark extract standardized to contain 2% honokiol and 1% magnolol and epimedium (*Epimedium koreanum*) aerial part extract

225 mg

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Phosphatidylserine

50 mg

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***Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: dextrose, cellulose, modified cellulose gum, modified cellulose, magnesium stearate, stearic acid, titanium dioxide color, soy lecithin, vegetable glycerin, and carnauba wax.

Caution: Drowsiness may occur. Avoid driving, operating heavy machinery, or consuming alcohol while using this product. If pregnant, nursing, taking prescription drugs, or if you suffer with chronic insomnia, consult your healthcare practitioner prior to use. Keep out of reach of children.

Cortisol Manager™ dietary supplement combines stress-reducing ingredients and cortisol-lowering botanicals to help reduce stress and relieve occasional sleeplessness.* This safe, natural and non-habit forming formula increases the ability to fall asleep, stay asleep, and will not cause morning grogginess, while providing all-day stress reduction.*

Recommendations: For adults, take 1 tablet before bedtime. Increase to 2 tablets during times of high stress. Safe for use every night.

Sensoril® is protected under U.S. Patent 6,713,092 and is a trademark of Natorex, Inc. Suntheanine®, a patented form of L-Theanine, is a trademark of Fuyo International, Inc.

Contains no yeast, wheat, gluten, corn, dairy products, artificial flavoring, preservatives, or ingredients of animal origin. All colors used are from natural sources.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR
INTEGRATIVE THERAPEUTICS, INC. • GREEN BAY, WI 54311 USA
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L170453.02



Also available in a
90 count bottle.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.