

6,000 mg[†] of hydrolyzed collagen

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- + enhanced formula with biotin boost
- + fights the effects of aging*
- + revitalizes skin, hair & nails*
- + supports tendons & ligaments*
- + type 1, 2 & 3 collagen

Collagen is the most abundant protein in the body. As we age, collagen naturally breaks down and diminishes over time – leading to the early signs of aging (including wrinkles, thinning hair, brittle nails and weaker joints).

Youtheory® Collagen is designed to help replenish this essential protein.* With 6,000 mg of highly-absorbable collagen per serving, this product delivers intensive nourishment to help combat the effects of the aging process.* It also supplies 100% of the recommended daily value of vitamin C and provides an extra boost of biotin.



collagen
+ biotin

skin, hair & nail formula* | 6,000 mg[†]

390 tablets

dietary
supplement

Suggested Use: (Adults) Take six (6) tablets per day, all at once or in divided doses.

Supplement Facts

Serving Size: 6 tablets
Servings Per Container: 65

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	90 mg	100%
Biotin	3,000 mcg	10,000%
Hydrolyzed Collagen	6,000 mg	**
**Daily Value not established		

Other Ingredients: Magnesium stearate (vegetable source).

This product is manufactured in a facility that processes fish extracts.

Amino acid values listed below represent typical averages for edible hydrolyzed collagen and are for informational purposes only. Per 6 tablet serving:

Alanine	486 mg	Leucine	174 mg
Arginine	504 mg	Lysine	204 mg
Aspartic Acid	396 mg	Methionine	36 mg
Glutamic Acid	744 mg	Phenylalanine	126 mg
Glycine	1,236 mg	Proline	690 mg
Histidine	48 mg	Serine	204 mg
Hydroxylysine	72 mg	Threonine	114 mg
Hydroxyproline	702 mg	Tyrosine	30 mg
Isoleucine	90 mg	Valine	144 mg

Usage Warnings: Consult with a doctor before using this product if you are taking medication or have any medical conditions. Consult with a doctor before having your blood drawn, as biotin supplementation can affect certain lab tests. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

[†]6,000 mg hydrolyzed collagen per daily serving.



dairy
free



soy
free



no gluten
ingredients



no binders
or fillers

manufactured by:
nutrawise®
Irvine, CA 92618 U.S.A.
888.271.8976
youtheory.com

youtheory | made for all of you

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

