Directions: Take one or more softgels daily.

Coenzyme Q10 is a substance that exists in the bodies of most animals and in almost every cell in the human body. CoQ10 helps convert food into energy. It is required for energy metabolism and functions as a powerful antioxidant, which can neutralize free radicals. CoQ10 also supports the immune system. Research suggests that CoQ10 may help support a healthy cardiovascular system and can help prevent blood clot formation. It may also assist in controlling high blood pressure in people with diabetes. Additional research indicates possible benefits ranging from improved male fertility to the remediation of gum disease.<sup>†</sup>

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any





## COENZYME Q10



120 MG

Supports a healthy cardiovascular system<sup>†</sup>

We always use the highest quality ingredients



premium formulas • 60 softgels • dietary supplement

## Supplement Facts

Servings Per Container: 60

Serving Size: 1 Softgel

	Amount Per Serving	%DV*
Calories	3	
Total Fat	0.4 g	1%
Coenzyme Q10	120 mg	**

\* Percent Daily Value is based on a 2,000 calorie diet. \*\* %Daily Value (DV) has not been established.

Other Ingredients: Soybean Oil, Natural Vitamin E Oil, Purified Water.

FREE of: Sugar, salt, starch, yeast, corn, wheat, lactose, gluten, milk, egg, fish products, peanuts, artificial coloring, flavoring, or preservatives.

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!

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