

VIVA Antioxidant Blend	11,600 mcg	*
Grape Seed Extract, CoQ10, Lycopene, Lutein, Alpha Lipoic Acid		
*%Daily Value (DV) has not been established		

Other Ingredients: Microcrystalline cellulose, croscarmellose, natural chlorophyll coating.

Directions: Take 1 tablet daily with a meal.

Many people do not get the daily recommended allowance of vitamins, minerals and other nutrients from their standard diets. Our Extra Strength Complete Multi formula delivers a highly potent and broad range of synergistic nutrients to supplement the diets of active, busy people.†

FREE of: Sugar, salt, starch, yeast, corn, wheat, soy, lactose, gluten, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!



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 MADE IN THE USA • In God We Trust • Non-GMO
 Manufactured in an NSF - GMP Certified Facility



COMPLETE MULTI



Extra Strength

An extra strength sustained-release multi with essential vitamins and chelated minerals†

We always use the highest quality ingredients

premium formulas
 210 tablets
 sustained release

Supplement Facts		
Servings Per Container: 210		
Serving Size: 1 Tablet		
	Amount Per Serving	%DV
Vitamin A (as Beta Carotene, Acetate)	4,500 mcg (10,000 IU)	500%
Vitamin C (as Ascorbic Acid)	300 mg	333%
Vitamin D3 (as Cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-Alpha Tocopheryl Succinate)	90 mg (100 IU)	600%
Vitamin B1 (as Thiamine Mononitrate)	70 mg	5,833%
Vitamin B2 (as Riboflavin)	70 mg	5,385%
Niacin (as Niacinamide)	70 mg	437%
Vitamin B6 (as Pyridoxine HCl)	70 mg	4,118%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic Acid (as Calcium Pantothenate)	70 mg	1,400%
Calcium (as Amino Acid Chelate)	40 mg	3%
Iron (as Ferrous Fumarate)	5 mg	28%
Iodine (as Potassium Iodide)	70 mcg	47%
Magnesium (as Amino Acid Chelate)	8 mg	2%
Zinc (as Zinc Citrate)	6 mg	54%
Copper (as Copper Gluconate)	0.1 mg	11%
Manganese (as Amino Acid Chelate)	3 mg	130%
Potassium (as Amino Acid Chelate)	10 mg	<1%
Choline (as Choline Bitartrate)	50 mg	9%
Inositol	50 mg	*
PABA (Para Amino Benzoic Acid)	70 mg	*
Betaine	20 mg	*
Glutamic Acid	20 mg	*
VIVA Whole Foods Blend	32 mg	*
Rose Hips, CoQ10, Parsley Powder, Rice Bran, Alfalfa Powder, Watercress Powder, Lecithin Powder		