

Directions: Take one or more tablets daily as a dietary supplement.

Viva Complete E 400 contains 100% natural vitamin E, a major antioxidant and the primary defense against lipid peroxidation, helping protect cells from free radical/oxidative damage. Complete E also contains a unique spectrum of supporting antioxidants like Grape Seed Extract, Co-enzyme Q10 and an array of free-radical fighting carotenoids.[†]

FREE of: sugar, salt, starch, soy, yeast, corn, wheat, lactose, gluten, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

[†] These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured in an NSF - GMP Certified Facility



COMPLETE E•400



**Dry, water dispersable
vitamin E with a spectrum
of supporting antioxidants†**

**We always use the highest
quality ingredients**

premium formulas • 210 tablets • dietary supplement

Supplement Facts

Servings Per Container: 210

Serving Size: 1 Tablet

	Amount Per Serving	%DV
Vitamin E (as d-Alpha Tocopheryl Succinate, Mixed Tocopherols)	268 mg (400 IU)	1,786%
Selenium (as L-Selenomethionine)	25 mcg	45%
Manganese (as Gluconate)	2 mg	87%
Proprietary Carotenoid Complex Beta Carotene, D. Salina (Mixed Carotenoids)	12,000 mcg	*
Viva Antioxidant Blend Grape Seed Extract, CoQ10, Lycopene, Lutein, Alpha Lipoic Acid	11,600 mcg	*

* %Daily Value (DV) has not been established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, clear aqueous coating.