

Directions: Take 1 or more tablets daily, preferably with meals.

Vitamin C is one of the most popular antioxidants, and Complete-C provides a potent dose of this key vitamin. We have used buffered and esterified forms of vitamin C in combination with bioflavonoids to improve the performance and bioavailability of this product.[†]

FREE of: Sugar, salt, yeast, soy, wheat, gluten, lactose, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

Store in a cool dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!

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For more information, visit www.VivaVitamins.com
MADE IN THE USA • In God We Trust • Non-GMO
Manufactured in an NSF - GMP Certified Facility

[†] These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

vivaTM
vitamins

COMPLETE C-1000



Sustained release

**A buffered and esterified
vitamin C with bioflavonoids[†]**

**We always use the highest
quality ingredients**

premium formulas ● **90 tablets** ● **dietary supplement**

Supplement Facts

Servings Per Container: 90

Serving Size: 1 Tablet

Amount Per Serving		%DV
Vitamin C (as ascorbic acid, calcium ascorbate)	1000 mg	1,111%
Calcium (as calcium citrate and calcium ascorbate)	73 mg	5%
Proprietary bioflavonoids complex	750 mg	*
[Min 50% Hesperidin, Naringin and other flavonoids (from Citrus bioflavonoids complex)]		
Rutin	50 mg	*
Hesperidin (from Citrus sinensis extract (fruit)	25 mg	*
Quercetin (as dihydrate)	25 mg	*
VIVA Antioxidant Blend	11,600 mcg	*
Grapeseed extract (Vitis vinifera) (inner core of fruit) [standardized for 95% proanthocyanidins], Lycopene (from tomatoes), Coenzyme Q10 (as ubiquinone), Lutein (from Marigold flowers extract (Tagetes erecta)), Alpha lipoic acid		

* %Daily Value (DV) has not been established.

Other Ingredients: Microcrystalline cellulose, croscarmellose, clear aqueous coating.

