

**Directions:** Take 1 or more tablets daily.

Calcium and magnesium are essential minerals that work synergistically with one another to promote enhanced absorption. Calcium is necessary for strong bones and teeth, and Magnesium is important for healthy enzymatic activity. Viva's Cal/Mag/D formula features chelated forms of calcium and magnesium which makes them much easier for your body to absorb and utilize.†

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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For more information, visit [www.vivavitamins.com](http://www.vivavitamins.com)  
MADE IN THE USA • IN GOD WE TRUST • NON-GMO  
Manufactured in an NSF - GMP Certified Facility

We at Viva are proud to use only the best food-based ingredients in our supplements. Our raw materials come from the USA, and we use only organic sources to ensure you're getting the best product possible, from the ground up!



**viva**<sup>TM</sup>  
vitamins

**CAL** ▶ **MAG** ▶ **D**  
**600**      **300**



**Synergistic formula with mineral transporters to support bone health†**

**We always use the highest quality ingredients**

**premium formulas** ● **100 tablets** ● **dietary supplement**

## Supplement Facts

Servings Per Container: 100

**Serving Size: 1 Tablet**

	Amount Per Serving	%DV*
Vitamin D3 (Cholecalciferol)	3 mcg (125 IU)	15%
Calcium (as Carbonate, Amino Acid Chelate, Citrate, Aspartate, Ascorbate, Fumarate, Gluconate, Ketoglutarate, Malate, Succinate, Histidinate)	600 mg	46%
Magnesium (as Oxide, Amino Acid Chelate, Aspartate, Ascorbate, Citrate, Fumarate, Gluconate, Ketoglutarate, Malate, Succinate, Histidinate)	300 mg	71%

\* %Daily Value (DV) based on a 2,000 calorie diet.

**Other Ingredients:** microcrystalline cellulose, croscarmellose, titanium dioxide.

**FREE of:** gluten, sugar, salt, starch, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

**Note:** All mineral potencies indicated are elemental.