

Directions: Take one or more softgels daily, preferably with meals, or as directed by your health care professional.

Borage Oil's high Gamma Linolenic Acid concentration allows it to potentially assist in balancing out the female hormonal cycle. It can also help improve the health and appearance of hair, skin, and nails. †

Store in a cool, dry place and away from direct light.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



BORAGE OIL

1,000MG (240MG GLA)



Can assist in balancing female hormones†

We always use the highest quality ingredients

premium formulas • 90 softgels • dietary supplement

Supplement Facts

Serving Size: 1 softgel

Servings Per Container: 90

Amount Per Serving	%DV
Calories	10
Calories from Fat	10
Total Fat	1 g 1%
Borage (Borago officinalis) Seed Oil	1 g *
Cis-Linolenic Acid (Omega-6)	380 mg *
Gamma Linolenic Acid (GLA)	240 mg *
Oleic Acid (Omega-9)	150 mg *

*%DV not established

%Daily Values are based on a 2,000 Calorie diet.

Other Ingredients: Gelatin (capsule), glycerin, water.
Contains No: Gluten, sugar, starch, salt, yeast, corn, soy, wheat, lactose, citrus, milk, egg, fish products, artificial flavoring, or preservatives.

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