

**Directions:** As a dietary supplement, take one or more lozenge per day.†

This nutrient is involved in a variety of functions which work to assure the normal functioning of all cells. B-12 is needed to help with the metabolism of amino acids, supports the central nervous system and the gastrointestinal tract. B-12 also helps support red blood cell formation as well as the synthesis of DNA and it contributes to neural function. This form of B-12 provides optimal assimilation of this important nutrient.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place and away from direct light.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**



**viva**<sup>™</sup>  
vitamins

# METHYLCOBALAMIN

## B-12 5,000 MCG



**Cherry flavored  
sublingual lozenge**

**We always use the  
highest quality  
ingredients**

premium formulas ● 60 tiny tablets ● dietary supplement

## Supplement Facts

Serving Size: 1 Tablet

Servings per container: 60

Amount Per Serving		% DV
B-12	5,000 mcg	83,330%
(as methylcobalamin)		

**Other Ingredients:** Sorbitol, cellulose, vegetable magnesium stearate, natural cherry flavor, silica.

**Contains No:** Gluten, sugar, starch, milk, lactose, soy, yeast, wheat, corn, fish products, artificial coloring, flavoring, or preservatives.

©2018 Manufactured exclusively for Viva Vitamins™  
For more information, visit [www.VivaVitamins.com](http://www.VivaVitamins.com)  
**MADE IN THE USA** • *In God We Trust* • **Non-GMO**  
Manufactured in an NSF - GMP Certified Facility