

NEARLY 50 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For nearly 50 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.

0 74312 33511 2

- ✓ Natural Menopausal Support*
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

Non-GMO, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

★ **Made In The USA** with select ingredients from around the world

📞 **Nutrition Questions or Comments?**
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Sign Up for **News and Offers** at
NaturesBounty.com

Prod. No. 3511 B3510 11E

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURE'S BOUNTY®

Black Cohosh

540 mg | Whole Herb**

Helps With Hot Flashes, Night Sweats and Mild Mood Changes*

HERBAL HEALTH



100 Capsules

HERBAL SUPPLEMENT

DIRECTIONS: For adults, take one (1) capsule daily, preferably with a meal.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Black Cohosh 540 mg	***
(Cimicifuga racemose) (root)	

***Daily Value not established.

Other Ingredients: Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur, if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

**Nature's Bounty's Natural Whole Herb products utilize ground plant parts.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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