

SUGGESTED USE: As a dietary supplement, take one (1) three (3) times per day.

CAUTION: Pregnant or nursing mothers or children under 18 and individuals with a known medical condition should consult with their physician before taking this or any dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

To reorder,
call 800-816-8184 or go to www.DrBerg.com

Dr. Berg Nutritionals
4581 Ford Avenue,
Alexandria, VA 22302



Dr. Berg's ADRENAL & CORTISOL SUPPORT

- Aids In Stress Reduction
- Natural Calming Effect
- Promotes Relaxation

Formerly Called
Adrenal Day

Dietary
Supplement
90 Veggie Capsules



SUPPLEMENT FACTS

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	%DV
Vanil (from Zinc Acetate, Magnesium Acetate)	1mg	2%
Magnesium (from Magnesium Acetate)	2mg	0%
Zinc (from Zinc Acetate)	2mg	10%
Selenium (from Selenium Methionine)	25mcg	25%
Manganese (from Manganese Citrate)	1mg	50%
Chromium (from Chromium Polynicotinate)	100mcg	80%
Chloride (from Potassium Chloride)	10mg	0%
Potassium (from Potassium Chloride, Potassium Citrate, Potassium Aspartate)	11mg	0%

Reboul Plant	200mg	==
Ashwagandha Root Ext (Withania somnifera)	200mg	==
Ginseng (Ginseng Root)	10mg	==
High Quality Root (Ginseng triflorum)	10mg	==
Reboul Plant Root Ext	25mg	==
Reboul Plant Root (Reboul plant)	25mg	==

1 Percent Daily Values are based on a 2000-calorie diet.
†† Daily Value not established.

Other Ingredients: Hydroxypropyl Methylcellulose (vegetarian capsule), Rice Powder, Magnesium Stearate (vegetable source), Stearic Acid