

SUGGESTED USE: 2 Liquid filled capsules 1 to 2 times daily with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRIZM™
SUPER-SPECTRUM MULTI-VITAMIN COMPLEX™

UNIQUE FORMULA PACKED WITH
42 FRUITS & VEGETABLES



- ▶ **ANTIOXIDANT SUPPORT**
- ▶ **KEY VITAMINS & MINERALS**
- ▶ **NON GMO FORMULA**

Supplement Facts

Serving Size 2 Liquid Filled Capsules
Servings Per Container: 30

Amount Per Serving	%Daily Value	
Vitamin A (beta-carotene)	2,500 IU	50%
Vitamin C (ascorbic acid)	60 mg	100%
Vitamin D-3 (cholecalciferol)	1,000 IU	250%
Vitamin E (d-Alpha tocopheryl acetate)	15 IU	50%
Vitamin B-1 (thiamine mononitrate)	25 mg	1,667%
Vitamin B-2 (riboflavin)	25 mg	1,471%
Niacin (as niacinamide)	25 mg	125%
Vitamin B-6 (pyridoxine HCl)	25 mg	1,250%
Folate (folic acid)	200 mcg	50%
Vitamin B-12 (cyanocobalamin)	250 mcg	4,167%
Biotin	500 mcg	167%
Pantothenic Acid (d-calcium panto.)	25 mg	250%
Calcium (carbonate)	25 mg	3%
Iron (ferrous fumarate)	9 mg	50%
Iodine (from kelp)	75 mcg	50%
Magnesium (oxide)	12.5 mg	3%
Zinc (citrate)	7.5 mg	50%
Selenium (selenium yeast)	12.5 mcg	18%
Copper (gluconate)	1 mg	50%
Manganese (sulfate)	1 mg	50%
Chromium (picolinate)	100 mcg	83%
Potassium (citrate)	16 mg	<1%

Amount Per Serving	%Daily Value	
Choline Bitartrate	5 mg	*
Citrus Bioflavonoids 50% Complex	5 mg	*
Coenzyme Q10 (natural ubiquinone)	50 mcg	*
Inositol	5 mg	*
Rutin	5 mg	*
<i>Panax ginseng</i> Powder (root)	5 mg	*
Boron (citrate / aspartate / glycinate complex)	500 mcg	*

42 Fruits and Vegetable Blend 5 mg *

Consisting of: Blueberry, Cranberry, Grapeseed, Strawberry, Raspberry, Pomegranate, Bilberry, Alfalfa, Carrot, Beet, Broccoli, Acai, Chokeberry, Apple, Apple Pectin, Maqui Berry, Grape Skin, Black Cherry, Tomato, Barley, Celery, Chlorella, Black Currant, Artichoke, Mango, Pineapple, Spirulina, Chlorophyllin, Dandelion, Wheat Grass, Green Tea, Milk Thistle, *Eleutherococcus senticosus*, Ashitaba, Bing Cherry, Elderberry, Goji Berry (*Lycium barbarum*), Grapefruit, Mangosteen, Spinach, Tart Cherry and Papaya.

*Daily Value not established

Other ingredients: Rice bran oil, gelatin (bovine) and chlorophyll.
ALLERGEN WARNING: CONTAINS SHELLFISH (KELP).



Dietary Supplement

60 Capsules

Visit BELDTAssist.com for more information and supplements best practices.

Manufactured for:
BELDT Labs, Inc.
(888)861-9696
Sherman Oaks, CA 91423
For questions or comments, please
contact us at www.BELDT.com
Please Recycle.

6037-VLI163-V02-60